


Weekly Class Schedule

	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.	Sun.
10:30–11:30 a.m.	ZUMBA		ZUMBA		ZUMBA	Black Belts 1 st & 3 rd Sat.	Kumdo (Masters)
11:30–12:20 noon	Private	Tai-Chi Private	Private	Tai-Chi Private	Private	T.K.D. All ages	
4:30–5:15 p.m.	T.K.D. Children		T.K.D. Children		T.K.D. Children		
5:30–6:15 p.m.	T.K.D. Family	T.K.D. Children	T.K.D. Family	T.K.D. Children	T.K.D. Family		
6:30–7:20 p.m.	T.K.D. Adults	T.K.D. All ages	T.K.D. Adults	T.K.D. All ages	T.K.D. Adults		
7:30–8:20 p.m.	Hapkido	ZUMBA Till 8:30	Hapkido	ZUMBA Till 8:30	Hapkido		

- KUMDO & TAI-CHI CLASSES ARE AVAILABLE FOR PRIVATE LESSONS ONLY